

Women's Health Therapy

Did You Know?

Research shows that 25 to 45 percent of women have some degree of urinary incontinence.



What do our women's health therapist treat?

- Urinary Incontinence
- Pelvic Organ Prolapse
- Pelvic Pain
- Pain During Intercourse
- Pregnancy & Postpartum Pain

Conditions or events that may increase a woman's chance of developing urinary incontinence include:

- Childbirth
- Chronic Coughing
- Menopause
- Physical Inactivity
- Obesity
- Older Age
- Neurological Problems

What Does Women's Health Therapy Do?

Our specialty-trained therapists offer women's health therapy and expert treatment for pelvic floor dysfunction. Patient in need of women's health therapy receive one-on-one treatment with a female therapist in a private and comfortable setting, and will also receive the latest research and treatment methods for most advanced plan of care.

In order for the therapist to gain a better understanding of existing issue, a pelvic exam is recommended.

Who Can Benefit?

Anyone who has difficulty with leakage or dampness including:

- Premenopausal women who are beginning to notice less control
- Women having difficulty after muscles have stretched during pregnancy
- Women concerned about attending usual functions because they are concerned about urinary leakage

Runners who have strong abdominal muscles and weak pelvic floor muscles are jarring their bladder.



A range of services to meet the needs of women at every stage of life.



CLARA BARTON
Therapy Services