

Expansion Helps Therapists To Provide Better Patient Care

The Clara Barton therapy expansion has only been completed for three years, but drastic improvements have already been made to patient care and therapy equipment. The therapy expansion was made possible by the generous contributions given by donors from near and far. Because of their generosity, the expansion has helped the Clara Barton Therapy Services staff to provide their patients with quality therapy in a private setting.

Before the expansion, the therapy services department encompassed approximately 1,250 square feet, which is the average size of a two bedroom home built in 1950. Because of the expansion, the department now covers 3,454 square feet of space, which includes eight treatment rooms, a physical therapy gym, an occupational therapy kitchen, bathroom and a large patient reception and waiting

room. “The expanded area has greatly increased privacy for our patients,” said Mark Blackwell, Director of Therapy Services. “Before the expansion, our treatment rooms were divided by curtains and now they are divided by walls.”

The extra space has also made it possible for the therapy services department to keep supplies for wound treatment on hand. “Because we have the supplies on hand, our patients don’t have to leave the area to be treated at wound centers, instead, they can be treated right here in our facility,” said Blackwell.

The expansion has also made the purchase of updated therapy equipment possible for the therapy department. After the expansion was complete, the department was able to add recumbent steppers and bikes to their therapy gym as well as a rebounder. The latest addition included

a swallow study chair that makes conducting a modified barium swallow study much easier for the patient, Speech Pathologist and Radiologist. The test enables the pathologist and radiologist to visually analyze the process as food is being swallowed, following it from the mouth as it travels through the throat. While conducting the study, they can see if the food goes into the stomach or goes into the airway.

The swallow study chair allows ease of transportation of patients from the therapy services department to the radiology department where the test is conducted. The chair is able to recline quickly and turn at different angles to help the patient swallow safely allowing the Speech Pathologist and Radiologist to better analyze the swallowing process and to react quickly if anything is aspirated into the patient’s lungs.

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“Before we had the chair, we were using pillows to prop patients up. The chair makes this test much safer for our patients and much easier for those administering the test,” says Bobbi Cuffe, Speech Language Pathologist at Clara Barton Hospital.

The expansion has not only helped to create a better environment for both the therapists and the patients, but the addition of space has also allowed for more student observation. “We are currently affiliated with the Physical Therapy Assistant programs at both Colby Community College and Hutchinson Community College,” said Blackwell. “Because we have added space, the colleges are able to send their students to our facility to observe our therapists and to complete their field work.” Aside from collegiate level observers, many high school students have also been able to visit the department as a part of their job shadowing assignments.

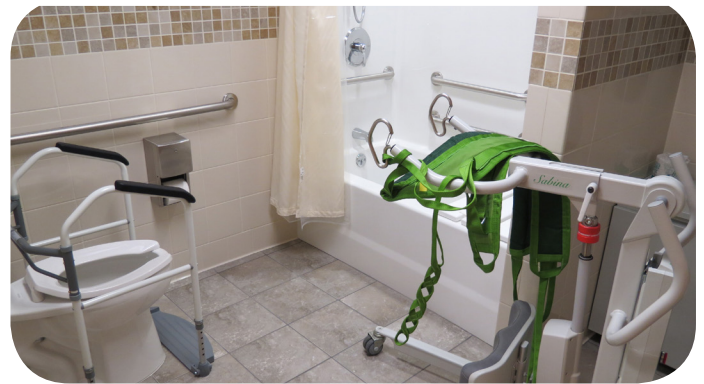
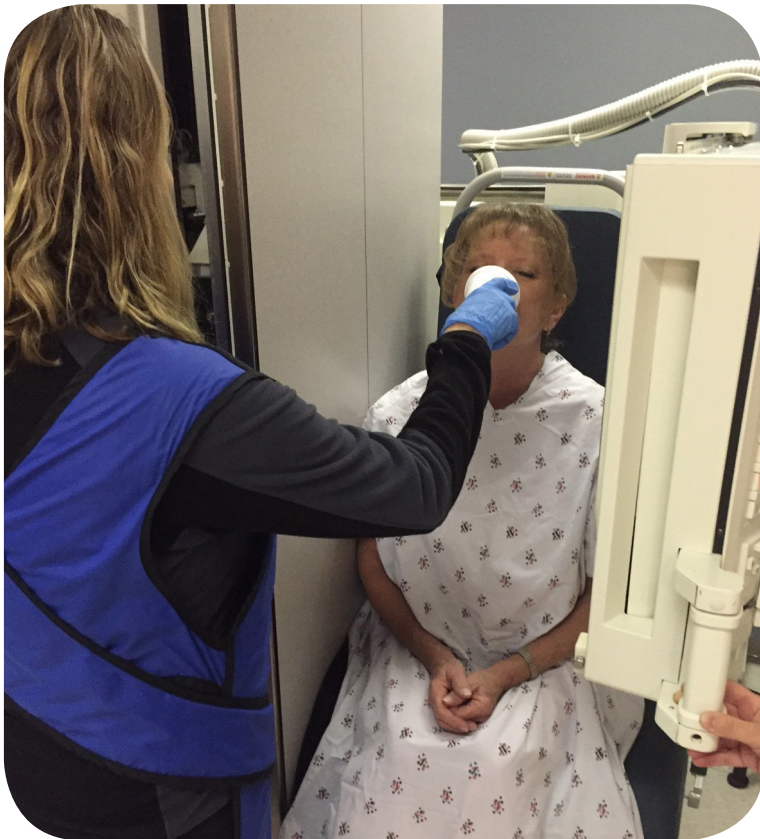
“We, as a department, would like to thank everyone who has participated in the Complete the Dream, Continue the Vision capital campaign thus far

in support of the hospital expansion,” said Blackwell. “Without the support of donors from our community, this wonderful new facility would not have been possible.”

The Clara Barton Hospital Foundation has been fundraising to meet the funding needs of this project. The Foundation set a goal to raise 1.4 million dollars over a 5 year period to help fund the capital expansion project. With \$111,000 remaining, the goal is within sight, thanks to the support of numerous donors. You can help us reach the goal, please consider making a one-time gift to the capital campaign. Pledges to the Complete the Dream... Continue the Vision Capital Campaign are a great way to make a big impact by spreading your donation over several quarters



or years. Gifts of Grain allows grain donors to make a difference by designating a determined number of bushels at the grain elevator. The grain is then sold and the present value of the grain is processed into money that is donated to the campaign. For cash-based farmers, a significant tax savings can be achieved by donating crops directly to the Foundation. For more information on donating to the campaign, please call 620-653-5012. To make a charitable donation online to the campaign, please go to www.clarabartonhospital.com.



Full-Service Women's Healthcare Available at Clara Barton Clinics

A woman's healthcare needs are constantly changing throughout the different stages of her life. The lack of women's health providers in rural areas often results in women having to travel to alternative locations to be seen by a women's healthcare professional, but that is not the case at the Clara Barton Clinics. The Clinics take pride in offering quality women's healthcare to women of all ages in a comfortable rural setting.

The Clara Barton Clinics are comprised of a wide variety of women's health care providers who can offer care for women at any stage during their lifetime. The Clara Barton Clinics currently offer all aspects of women's healthcare at each of their locations in Hoisington, Great Bend and Russell. Cervical cancer screenings, bone density screenings, breast exams, menopausal care, mammography, and breast biopsies are just a few of the many services offered. Additionally, Clara Barton Surgical Services offers breast and gynecological surgery. Clara Barton Therapy Services also provides women's health therapy for those experiencing urinary incontinence,

pelvic pain or a variety of other health issues.

"There is such a longitude of women's healthcare that we can offer through family medicine," said Kelci Burkey, PA-C. "We see patients for their first female examination all the way through menopause and beyond."

In addition to Clara Barton's women's health therapist, two primary care physicians, seven physician assistants and two general surgeons, the Clara Barton Clinics also offer outreach doctors specializing in women's health including obstetrics and gynecology services.

Clara Barton recently welcomed women's health provider, Dr. Stefanie Kempke, as the newest member of the Clara Barton Outreach Clinic. Dr. Kempke is an Obstetrician/Gynecologist with the Hutchinson Clinic. Dr. Kempke attended Medical School at the University of Kansas School of Medicine, and is board certified by the American Board of Obstetrics/Gynecology. She has special interests in general obstetrics, VBAC, menopausal health, adolescent female health, and family planning.

"I take care of patients at such a unique time in their lives," said Dr. Kempke. "I truly enjoy getting to know my patients



and being able to care for them as they progress through different stages during their lives." Dr. Kempke visits the Clara Barton Medical Clinic on the fourth Friday of each month and is now accepting new patients.

With the addition of its second OB/GYN, Clara Barton Hospital and Clinics has become a full-service location when it comes to female healthcare.

"Our services make it possible to be seen, screened, and treated all in one place," said Burkey. "It makes women a little more comfortable knowing they can count on their hometown providers, people they have come to know and trust, for all of their healthcare needs."

To schedule an appointment with Clara Barton's women's health providers, call 620-653-2386, or to schedule an appointment with one of the outreach OB/GYN's, call 620-669-2500.



Women's Health Therapist, Danelle Leiker, provides therapy for a female patient in one of the eight new private patient rooms built as part of the expansion.

23rd Annual Benefit Event a Huge Success

Earlier this summer, the Knights of Columbus Hall was packed with giving hearts full of compassion and generosity, eager to help support a vital asset to their community. For the 23rd consecutive year, the Hoisington community rallied together in support of the Clara Barton Hospital Foundation. This comes as no surprise to Nona Prosser who said, "The community members recognize the great things that the Foundation does for the hospital, and that is something they truly want to support." The Clara Barton Hospital Foundation held its 23rd Annual Benefit – Golf Tournament, Dinner and Auction, "Trail to New Horizons: An Expedition with Clara Barton" on Friday, June 17th.

The event kicked off at 8 a.m. Friday morning beginning with the golf tournament at Lake Barton Golf Course. Although the weather was not ideal, with temperatures reaching over 100 degrees, the golfers took on the challenge and battled the heat in support of the Clara Barton Foundation. 27 teams participated in this year's tournament, golfing in two flights for the four-man scramble. The golfers also participated in many competitions throughout the day, including a hole-in-one contest, sponsored by Manweiler Chevrolet, a chipping contest, sponsored by First Kansas Bank, as well as eight hole contests and a new par three five-card poker hand contest, sponsored by Cardinal Pharmacy.

Friday evening, the event continued at the Knights of Columbus Hall in Hoisington with a benefit dinner, sponsored by Landmark National Bank, Nex-Tech and Nex-Tech Wireless, and both a live and silent auction. Over 225 people gathered for a night full of food, drinks and fun. "It's always wonderful to see the community come out in support of the annual benefit that raises important funds to support Clara Barton Hospital," said Michelle Moshier, Executive Director of the Foundation. The proceeds from the event totaled \$48,000 in benefit of the Foundation.

"The Foundation Board usually has a special interest in mind when determining what the money raised from the benefit will be used for," explained Sandy Demel, Foundation Board Trustee. "The foundation works with the hospital to determine a need, and

the money raised goes to help offset some of those costs." The funds raised during this year's benefit will help to support the Hospital's





Save the Date



Therapy Services and Laundry Expansion project.

This was the third year the benefit event was held for the purpose of raising funds for the expansion, which has resulted in a total of over \$148,000 raised in just three years. "We are simply

amazed by the generosity of all of those who volunteer and support this event," said Moshier. "This was a tremendous year for the Benefit Golf Tournament, Dinner and Auction and we owe a great deal of thanks to our participants, sponsors and volunteers who helped to make

this event such a huge success."

Mark your calendars for June 16th, 2017 for the 24th Annual Clara Barton Foundation Benefit Golf Tournament, Dinner and Auction. We look forward to seeing you there!



CLARA BARTON
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When you make a choice, you change the future.

Some people think that the future will take care of itself. But after making a choice to give a gift that funds the future, the planning is easy! Get more information about making a charitable gift in your will or IRA, contact us at (620) 653-5012 or foundation@clarabarton.hpmin.com

Gifts from the Hearts of Donors Help to Fund the Nanosphere

Quality patient care has always been the top priority at Clara Barton Hospital, but because of the purchase of a new lab instrument called the Nanosphere, the quality of care has been greatly improved. The Nanosphere is an automated, multiplex instrument that performs molecular diagnostic testing for C. Difficile bacteria and Enteric Pathogens in the hospital's lab. It will also allow for additional testing platforms in the future. "The Nanosphere is good for our patients because it allows for rapid, in-house detection of disease, and subsequent treatment," said Diane Batchman, Assistant Lab Manager.

Before the purchase of the Nanosphere, Clara Barton Hospital sent lab specimens off to the Affiliated Medical Services Reference Lab in Wichita to be tested. The KPC courier would pick up the specimens from Clara Barton Hospital at 6 p.m. each evening and travel to many other hospitals

before reaching its final destination in Wichita. After the specimens were delivered, it could take up to 48 hours to receive the results. That time span became even longer when holidays or inclement weather prevented the courier from picking up the specimen.

Instead of sending lab specimens to an alternate location, having the Nanosphere now allows testing to be done in the hospital's lab and can produce results in as little as two hours. Because the quick turnaround allows doctors to quickly identify the patient's infection status, prescribing medications that may not work or that could cause unwanted side effects can be avoided.

"The Nanosphere is a game changer for us because the quicker results allow our doctors to diagnose and treat our patients in a more timely manner, which can in turn quicken recovery time and reduce the patient's length of stay," said

Myrtle Whitmore, Lab Manager.

"Long wait times meant that doctors may have to place the patient in isolation as a precautionary measure," said Whitmore. Being placed in isolation can result in longer lengths of stay, higher charges, and it can even result in family members and friends being required to wear gowns and gloves when visiting. Now, because of the Nanosphere, unnecessarily quarantining patients can be avoided.

Because the Nanosphere can produce quicker results, the right antibiotic are now being given to the patient at a much faster rate than before. "The Nanosphere even has the ability to diagnose life-threatening conditions" said Whitmore. Not all lab testing will be able to be completed in the Clara Barton Hospital lab, but the Nanosphere has made it possible for their lab to process approximately 20 more tests.

Help Us Close the Campaign Gap

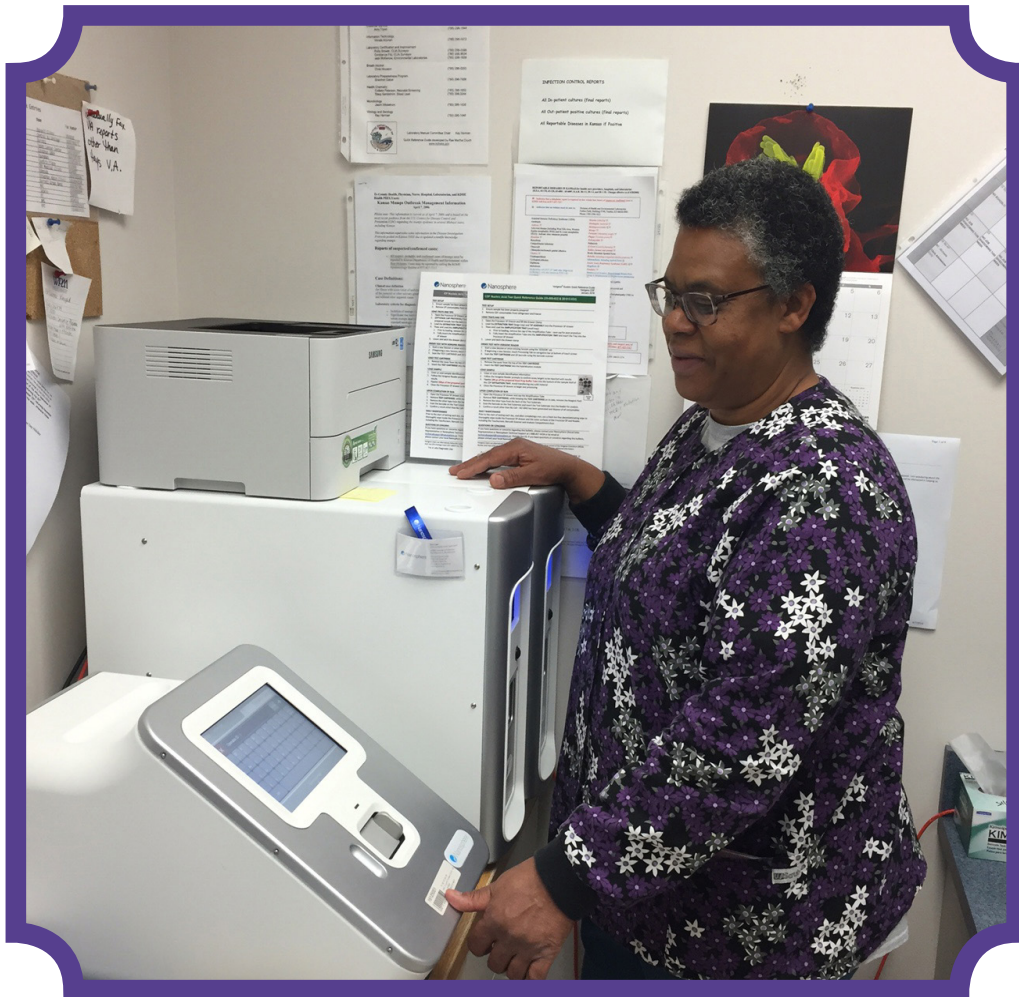
There is still time for you or a loved one to be part of the "Complete the Dream... Continue the Vision", capital campaign. This campaign is funding the Therapy Services and Laundry Expansion which has been functional since the fall of 2014. With two years remaining in the five year campaign, and \$111,000 to go to reach the 1.4 million dollar goal, no gift is too small. A very special way to donate to the campaign is through a Tribute gift. Attaching your gift to a specific donor recognition or tribute opportunity is a great way to establish a lasting legacy for you, a loved one, or an organization. Gifts of \$500.00 and more do receive a special recognition plate on the donor recognition wall located in the Hospital. There is still time to give a multi-payment pledge – more substantial commitments are possible through a pledge than with a one-time gift. Gifts pledged over 3 years may be made to the Capital Campaign, to be paid monthly, quarterly, semi-annually, or annually. To find out how you can give to the campaign, please call the Foundation at 620-653-5012 or visit www.clarabartonhospital.com.

\$111,000

The addition of the Nanosphere to Clara Barton Hospital provides earlier optimization for patient treatment and improved laboratory and hospital efficiency.

Like many other enhancements made at Clara Barton Hospital, the Nanosphere was partially made possible through generous donations made by many giving supporters. Money was raised to help fund the Nanosphere through a special appeal at the 22nd and 23rd Annual Foundation Benefit Events. Many patrons made generous contributions to the “Gift from the Heart” appeal to help fund the Nanosphere. These donors are making a significant impact on the quality of patient care being delivered at Clara Barton Hospital.

“We are so very fortunate to have individuals residing in our community that are passionate about insuring an optimal patient experience,” said Jim Blackwell, Clara Barton Hospital President/CEO. “They are our



friends, family and neighbors that tirelessly give of themselves so

their community can benefit from this kind of care so close to home.”

'TIS THE Season of Giving

The holidays are quickly approaching and as they do, we embark on a season of giving. On top of parties, gift exchanging and resolution making, it is also the end of the tax year – the deadline for charitable giving in order to receive a tax deduction. Tax deductions are important for the donor and Foundation alike: the Hospital Foundation receives more of the donation since it's not taxed, and the donor reduces his or her taxable income. By making a year-end gift to the Clara Barton Hospital Foundation, you are giving the gift of compassion and hope to those that need it most. Ring in the New Year with a gift that promises to place our patients; your family, friends, neighbors and this community on a brighter path for the future!

Ways to Give



Cash

Gifts of Stock



Wills and Bequests



Life Insurance Policies



Are you 70 $\frac{1}{2}$ or older?

If so, you can make a charitable contribution directly from your Individual Retirement Account (IRA) or Roth IRA to the Hospital Foundation.

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Staying connected is easy! Subscribe to our Good Health Good Works monthly e-newsletter, Legacy Giving weekly newsletter, like us on Facebook, and follow us on Pinterest and Twitter to stay up to date on the latest news and excitement happening at Clara Barton! For more information get in touch with us at foundation@clarabarton.hpmin.com or call 620-653-5012.

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